

Technical specification Steel training hammers



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PRODUCT SUPPORT
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Warning!

The sports equipment produced by POLANIK is designed for athletics training and use in sports competitions only. Please pay special attention especially when using throwing implements and other throwing equipment, misuse of athletics equipment and implements can cause serious injury. In no event shall POLANIK be liable for any special, incidental, indirect or consequential damages in connection with the purchase or use of POLANIK products or costs over the original cost of the product. Concerning our permanent efforts to improve our products i.e. their quality and aesthetic values, we reserve the right to introduce, without prior notice, constructional changes as well as other modifications in standard colours of the equipment and implements.

Specific warranty terms:

- 1. The use of the throwing implements is to be done at the properly marked and secured sports facilities designed for that purpose and under supervision of qualified coaches, and according to: the rules of the International Association of Athletics Federations (IAAF), respective national athletics federation and local safety regulations. Failure to follow the above restrictions results in loss of the warranty rights.
- 2. The training hammers are athletics throwing implements designed for training of hammer throw athletics event. The damages of the hammers (scratches, dents and so on) caused by hitting the safety cage elements or landing on the throwing sector are recognized as a normal wear of the product and are excluded from the warranty.





I. General description and use

The training hammers are used in athletics hammer throwing training programs. Sports events and training should be conducted on grass surfaces or similar fields. Each hammer comes with a steel galvanized wire and a certified hammer handle.

II. Technical characteristics

Туре	training	
Hammer head	steel, turned, powder painted, filled with special mixture of lead and fine shot, swivel	
	made of high quality hardened galvanized steel	
Wire	steel galvanized wire diameter 3 mm	
Hammer handle	duraluminium and steel wire 4 mm, powder painted, various colours depending on	
	available paints	
Weight allowance [kg]*	+0,005 (lower deviation) +0,05 (upper deviation)	
Diameter allowance [mm]**	- 3 (lower deviation) + 3 (upper deviation)	

Code	Weight [kg]*	Diameter [mm]**	Handle	Wire
PM-1	1	84	UW-110	PM-970
PM-2	2	84	UW-110	PM-970
PM-2,5	2,5	84	UW-110	PM-970
PM-3	3	90	UW-110	PM-970
PM-3,25	3,25	90	UW-110	PM-970
PM-3,5	3,5	90	UW-110	PM-970
PM-3,75	3,75	90	UW-110	PM-970
PM-4	4	106	UW-110	PM-970
PM-4,25	4,25	106	UW-115	PM-970
PM-4,5	4,5	106	UW-115	PM-970
PM-4,75	4,75	106	UW-115	PM-970
PM-5	5	116	UW-115	PM-970
PM-5,25	5,25	116	UW-115	PM-970
PM-5,5	5,5	116	UW-115	PM-970
PM-6	6	121	UW-115	PM-970
PM-6,25	6,25	121	UW-115	PM-970
PM-6,5	6,5	121	UW-115	PM-970
PM-6,75	6,75	121	UW-115	PM-970
PM-7	7	127	UW-115	PM-970
PM-7,26	7,26	127	UW-115	PM-970
PM-7,5	7,5	127	UW-120	PM-970
PM-7,75	7,75	127	UW-120	PM-970
PM-8	8	127	UW-120	PM-970
PM-8,5	8,5	127	UW-120	PM-970
PM-9	9	130	UW-120	PM-970
PM-9,5	9,5	130	UW-120	PM-970
PM-10	10	130	UW-120	PM-970
PM-11,5	11,5	137	UW-120	PM-970
PM-12	12	137	UW-120	PM-970

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III. Packing

The hammer heads are packed in foil bags, and then carton boxes. The hammer wires are packed in foil sleeves. Hammer handles are packed in foil bags.

IV. Declaration

1) No 2015-09-21

2) Issuer's name: POLANIK

Issuer's address: Zyczliwa 11, 97-300 Piotrkow Tryb. 3) The objects of declaration are the competition steel shot puts:

	Tr	aining hammers (head, wire and	d handle)	
Code	Weight [kg]*	Diameter [mm]**	Handle	Wire
PM-1	1	84	UW-110	PM-970
PM-2	2	84	UW-110	PM-970
PM-2,5	2,5	84	UW-110	PM-970
PM-3	3	90	UW-110	PM-970
PM-3,25	3,25	90	UW-110	PM-970
PM-3,5	3,5	90	UW-110	PM-970
PM-3,75	3,75	90	UW-110	PM-970
PM-4	4	106	UW-110	PM-970
PM-4,25	4,25	106	UW-115	PM-970
PM-4,5	4,5	106	UW-115	PM-970
PM-4,75	4,75	106	UW-115	PM-970
PM-5	5	116	UW-115	PM-970
PM-5,25	5,25	116	UW-115	PM-970
PM-5,5	5,5	116	UW-115	PM-970
PM-6	6	121	UW-115	PM-970
PM-6,25	6,25	121	UW-115	PM-970
PM-6,5	6,5	121	UW-115	PM-970
PM-6,75	6,75	121	UW-115	PM-970
PM-7	7	127	UW-115	PM-970
PM-7,26	7,26	127	UW-115	PM-970
PM-7,5	7,5	127	UW-120	PM-970
PM-7,75	7,75	127	UW-120	PM-970
PM-8	8	127	UW-120	PM-970
PM-8,5	8,5	127	UW-120	PM-970
PM-9	9	130	UW-120	PM-970
PM-9,5	9,5	130	UW-120	PM-970
PM-10	10	130	UW-120	PM-970
PM-11,5	11,5	137	UW-120	PM-970
PM-12	12	137	UW-120	PM-970
Weight allowance [kg]* from +0,005 to +0,05 Diameter allo			Diameter allowance	[mm] **+/- 3 mm

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4) The objects of the technical specification described above is in accordance with the factory's internal engineering standards.

	Additional Information
5) Declaration for:	
	Buyer/Distributor/User
Signed for and in behalf of:	
POLANIK	
2015-09-21 Piotrkow Tryb.	
(Date and place of issue)	
Paweł Ciechanowski	
Product Manager	
6)	() Should
(Name function)	(Signature or equivalent authorized by the issuer