

TECHNICAL SPECIFICATION **INSTRUCTION MANUAL**

Adjustable step hurdle

PP17-S546



File: 2017-07-26

TECHNICAL SUPPORT

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I. I. General description and use

Polanik step hurdle is designed for running drills, agility training and plyometric drills (the aim of which is to achieve explosive strength and power by an athlete). Adjustable height. The product is available individually and in economy sets.

II. Technical specification

| | |
|---------------------|--|
| Product code | PP17-S546 |
| Hurdle type | training, adjustable |
| Construction | steel, powder painted |
| Height [mm] | adjustable with heights: 150, 200, 250 |
| Length [mm] | 930 |
| Width [mm] | 310 |
| Weight [kg] | ~1,58 |

III. Operation and maintenance

The product does not require any special maintenance measures. The hurdle must be stored in a roofed and dry place. Use commonly available cleaning agents to remove dirt from the hurdle. After cleansing dry the hurdle with soft cloth.

IV. Packing and transport

The hurdles are sent in flat carton boxes.

VI. Declaration

- 1) No. 2017-07-26
2) Issuer's name: POLANIK
Issuer's address: Życzliwa 11, 97-300 Piotrków Tryb.

3) Objects of declaration

| No. | Name | Code |
|-----|------------------------|-----------|
| 1 | Adjustable step hurdle | PP17-S546 |

- 4) Technical specification described above is in accordance with the factory's internal engineering standards.

Additional Information

- 5) Declaration for:
Buyer/Distributor/User

Signed for and in behalf for:
POLANIK

2017-07-26 Piotrków Tryb.
(Date and place of issue)

Paweł Ciechanowski
Product Manager

- 6)
(Name, function)


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(Signature or equivalent authorized by the issuer)